

# BAKA presents EMERALD RIDGE ASSISTED LIVING

# MONTLY Newsletter

~Remembering our Friend~



daughters: Judy Krueger, Kathy (Nels) Jacobsen and Lynette (Dale) Biedermann; her grandchildren: Paula Knuijt, Patti (Arnie) Kuehn, Vikki (Paul) Fredrick, Pam (Eric) Lind, Dan Jacobsen, Brian (Tiffany) Jacobsen, Ryan (Tiffany) Biedermann and Kimberley (Aaron Roecker) Biedermann; her great-grandchildren: Kevin and Ben Kuehn, Kristen and Jordyn Knuijt, Riley Lind, Rayna Biedermann, Naomi Jacobsen, and CJ Jacobsen. Bethel is preceded in death by her first husband, Sylvester "Shorty" Hartzheim, her son-in-law, Richard "Rick" Krueger, her parents, 2 brothers and 1 sister, and her former husband, Clayton Lindland.

**Neenah - Bethel Hartzheim (Lindland)**  
"GG" of Neenah, passed away with her loving family by her side at the age of 91. Bethel was born on September 22, 1927 to Otto and Bertha (Leitzke) Gruendemann. She married Sylvester Hartzheim (Shorty) in December 1947 and was blessed with three daughters during 46 years. She was a gifted artist and spent years sharing her crafts along with Shorty at various craft shows. For 27 years, she delighted students with her delicious cooking at Spring Road Elementary School in Neenah, even if later in life she claimed nobody liked her cooking. Bethel had a passion for life and enjoyed games, cards, bowling and puzzles along with her "Over the Hill Gambling Gang". Her biggest joy in life was spending time with her family. Bethel is survived by

Funeral services will be held at 11:00 a.m. on Monday, August 19, 2019 at Gloria Dei Lutheran Church, 1140 Tullar Rd., Neenah with Pastor Jon Gallatin officiating. Visitation will be held at the church from 9:00 a.m. until the time of services. Burial will be in Oak Hill Cemetery. For online condolences, please visit: [www.kesslerfh.com](http://www.kesslerfh.com)

The family would like to thank Heartland Hospice and the Staff and many friends at Emerald Ridge.



## Testimonial



"I think there should be another Emerald Ridge. It is just so good here we need another one! The staff is good. I like everyone around here. Emerald Ridge is the best place I have ever been. I like it here a lot!"

- Inga J. - Resident



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Monthly publication of Emerald Ridge Assisted Living Community

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September Issue, 2019

### From the Executive Director's Desk

For many older adults, the first and best option for living out their golden years is to remain in their own homes for as long as possible. But for some, there comes a time when this strategy becomes unmanageable and it's time to transition into an assisted living community. Moving is always difficult and even more challenging with all the complex emotions and logistical obstacles that often accompany a move made later in life. But there are some ways to make transitioning into an assisted living facility a little easier.

Dr. Tanya Gure, section chief of geriatrics and associate clinical professor in internal medicine at the Ohio State University Wexner Medical Center, agrees and states, "I generally encourage families to think about this with a longer view and a longer-term plan. It tends to be more stressful when these discussions come up and there's an imminent question of moving."

She says if families can keep a connection to the community in which the senior who needs assistance lives, that can help ease the transition, too. Moving the senior closer to family is another option, but that can be hard, too, as it may mean the senior has to give up regular in-person contact with friends and companions, which are known to be helpful for cognitive and emotional well-being.

If it's possible for your loved one to remain in their own community and keep seeing his or her own doctors, that too can make for a smoother transition. So be sure to ask whether your loved one can keep his or her own doctors when moving into an assisted living facility.

It's also smart to know what to expect in terms of medical support when transitioning to a new assisted living facility. As the senior gets settled in the new environment, you may have the option for de-escalating the level of services used. But you should ask about the availability and flexibility of services before moving a loved one into an assisted living community.

Lastly, whether cognitive decline is part of the equation or not, the more familiar a senior is with a community, the easier that transition will be. Going to events or outings or just going and visiting can be a good way to get comfortable with the new community. Then, when it's time to make a transition into a living situation, the person is so much calmer and more ready. They've been with other people (at the facility) and have socialized. Starting early with connecting the person socially to other people is important for preventing feelings of isolation after a move.

The whole idea is to feel as comfortable as possible when it comes time for you or your loved one to move in. Familiarity breeds comfort in this sense; the better you know the community before you move in, the easier your transition will be. You'll feel so good when it's your time. It's like you're home already. You would have been there so many times and already know all the people, you'll slide right in. It's beautiful. There's no shock to the system, it just feels right!

<https://health.usnews.com/health-care/patient-advice/articles/2018-11-26/how-can-i-make-the-transition-to-an-assisted-living-facility-easier>

-Nikita Flores



As summer comes to a close, we will be looking for more indoor activities to occupy our time. Gardening Club will be coming to an end after September, and our outside furniture will be put away until spring returns. We have yet to find an activity to replace Gardening Club, so if you have any ideas or suggestions please bring it to Alfie or Nikita's attention.

-Thank you :)

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# Autumn Word Search

B	U	G	U	N	T	L	C	Z	M	A	D	A	O	F
M	Q	A	E	A	T	Y	I	Q	U	R	P	E	A	L
E	T	A	U	H	S	P	S	T	K	P	E	M	G	F
A	C	N	A	N	A	N	U	E	L	O	I	W	N	E
Y	J	N	Z	Y	R	M	I	E	R	L	I	G	F	T
S	K	G	V	O	N	D	C	P	Y	O	G	Z	U	A
S	M	X	C	M	Y	I	D	S	U	X	M	B	V	T
H	Y	A	K	S	D	S	C	D	A	M	O	S	E	X
J	E	R	Q	E	H	A	G	B	L	E	P	U	C	U
C	K	G	R	L	R	W	S	I	L	M	A	K	S	W
K	R	U	X	E	J	I	K	K	E	B	V	E	I	J
J	U	M	C	V	V	D	D	C	A	O	Q	S	P	N
S	T	R	K	A	C	D	P	D	V	T	J	O	S	X
O	O	B	O	N	F	I	R	E	E	L	U	T	A	I
W	E	D	I	R	Y	A	H	R	S	S	O	M	D	U

ACORN

FAMILY

SCARECROW

APPLE CIDER

HAYRIDE

SMORES

AUTUMN

LEAVES

TURKEY

BONFIRE

PUMPKIN

THANKS

## SEPTEMBER EMPLOYEE OF THE MONTH



### Mike C.

Mike was born in Appleton, WI. He graduated from Oshkosh North and received a scholarship from Iowa State University to play baseball. The two years Mike attended Iowa, he completed his General Studies and played Short-Stop for their baseball team. After working in many different fields, Mike found his love for cooking and has had a career cooking ever since. Although Mike does not have any pets, he does have six children. He has four daughters; Alison, Alexandria, Amanda and Rachel. He also has two sons; Matthew and Lucas. When Mike is not cooking, he loves to spend his time golfing, kayaking or fishing. Mike loves to sing while he cooks. If you're walking by and hear his lovely voice please make sure you stop and say "Hi", and also thank him for the amazing food.

**WELCOME!  
TO THE TEAM**

*We're Glad You're Here!*

Joyce N. has been working as a float at all the BAKA communities for many years now. However, she has recently decided to make Emerald Ridge her permanent home...Yay!! We are so happy that she decided to stay with us! Please take a moment to congratulate her when you see her in the community.

We also would like to welcome Casey R. to our Emerald Ridge family. Casey will be working along side Kathy as our new part-time housekeeper. You will see Casey on Mondays, Tuesdays, Wednesdays and Thursdays. When you see her please give her a warm Emerald Ridge "Welcome!"



## Fun times in August!

## Meet Our New Residents!

Phyllis & Ken E.



### RESIDENT SPOTLIGHT



**Robert (Bob) E.**

Phyllis and Kenneth E. moved into apartment 106 in August. Phyllis will be sitting at table 3, while Ken will join table 4 for meals. Phyllis and Ken used to live in Weston, WI before moving to Neenah. They are happily married with two children, Mike and Sharon. Please join us in welcoming Phyllis and Ken to the Emerald Ridge family!



**Gordon M.**

Gordon, better known as Gordy, moved into apartment 216 on August 8th. He will be joining table 11 for meals. Gordy grew up and grew old right here in the Fox Cities. Gordy raised 13 children. Make sure you give him a BIG Emerald Ridge welcome as well.



### September Birthdays at Emerald Ridge!

9/1 - Kenneth E.

9/4 - Jim V. & Rosie S.

9/13 - Phyllis E.

9/22 - Basil E.



## Dates to Remember in September



**September 2** Labor Day

**September 4** Music Video Auditions

**September 8** Bingo with Special Guests at 9:30 am

**September 9-13** Assisted Living Home Week

**September 9** Baking Club, benefitting Fire, Police and EMT's for 9/11  
Creating gifts for Staff for Assisted Living Week

**September 10** Delivering baked goods to Fire, Police & EMT's

**September 11** Making Gifts for Administration

**September 13** Pizza Party for lunch  
Let's Make a Deal Happy Hour

**September 16** Men's Lunch

**September 18** Resident Council & Activity Breakdown

**September 19** Bingo Store

**September 25** All staff meeting (Activity Room)  
Church Service (Dining Room)

**September 26** Music Video Premier

**September 27** Happy Birthday Happy Hour



Here's a fun fact about the month of September—The name of the ninth month of the year – September – comes from the old Roman word “septem”, meaning “seven”, because in the Roman calendar it was the seventh month. The Romans believed that the month of September was looked after by the god of the fire and forge – Vulcan.