

Connie's Corner

Advance Directives DNR vs Full Code Status



CPR was developed as an emergency technique to save people who are generally in good health, and is not usually effective on people with extensive health problems. Why somebody may choose to be DNR status:

Due to CPR being more effective for fairly healthy individuals, there is a risk that attempting CPR on someone not as healthy could keep somebody alive, but may cause decreased quality of life. CPR may be partially successful, and although the person may survive, they may suffer damage to other organs or bones caused by CPR, or become dependent on a machine to breath.

If you have any further questions on making this decision, please feel free to come and see me.

As always, thank you for being such amazing residents!

~ Connie Champagne, RN

When I start talking to patients about end-of-life decisions, I find that several people do not really understand what the terms DNR, Advanced Directives, or POA means. And it's generally not something we really want to talk about.

As a nurse and patient advocate, I feel it is important that everybody has the education needed to make these important decisions.

This month, I would like to discuss what DNR means.

DNR: Do Not Resuscitate
These are orders written by a physician that tell health care workers NOT to perform CPR on somebody once their heart stops beating, or their breathing has stopped.

Bistro ~

Thank You so much to everyone that donates food and beverages for Happy Hour ~ your contributions are greatly appreciated! Currently we are in need of large bottles of 7-Up, and small bottles/cans of Coke, Diet Coke, Diet 7-Up, and Root Beer. We can also use Brandy, Whiskey, Vodka, and Bourbon. And as always, the residents LOVE their Cheetos and Cheese Puffs! Thanks!

Meal Tickets ~

Just a reminder that meal tickets are available for quests at the front desk for \$6.00 each. Please remember that tickets must be purchased at least 24 hours in advance. Thanks!



BAKA presents
EMERALD BAY
RETIREMENT COMMUNITY

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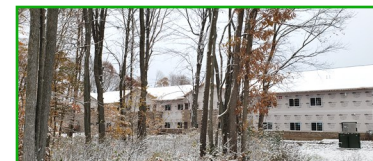
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MONTHLY Newsletter

November Issue, 2019

FROM THE EXECUTIVE DIRECTOR'S DESK



With the holidays right around the corner we know that a lot of you will be traveling to see family and friends, so I just wanted to send out a few helpful reminders. Please be sure that you are making the staff aware of your upcoming travel plans. This will help ensure that we have your medications ready for you before you leave. Also, please remember to sign out at the front desk.

Our annual Thanksgiving Dinner will be held on November 23, 2019 11:00 am -2:00 pm. This year we are giving back to those less fortunate in our community by having a food drive – and we need your help. We are asking every guest to bring two cans of non-perishable food items as admission to the dinner. Emerald Bay has decided that the N.E.W. Community Shelter will be the recipient of the food drive this

year. We look forward to celebrating another year with you and your family.

Expansion Update: Construction is moving along, and the new wing is almost complete. With the completion of the new wing, we need to find new neighbors to move join our family. If you know someone that would like to call Emerald Bay home, please be sure to give them my information - Tabatha.luepke@bakaenterprises.com or they can call me on my cell phone at (920) 810-5504.

~ Tabatha Luepke
Executive Director

Quote of the Month:

Look for something positive in each day, even if some days you have to look a little harder.

How "Wisconsin" Are You?

Give yourself a point for each one you can answer:

- Been to a Fish Fry
- Visited Lambeau Field
- Eaten a Culver's Butterburger
- Boiled Brats in Beer
- Hunted Deer
- Owned a Snow Blower
- Eaten Deep Fried Cheese Curds
- Went on Vacation "Up North"
- Tailgated at Miller Park
- Eaten Door County Cherries
- Ridden on a Harley
- Worn a Packers Jersey to Church
- Drank from a Bubbler
- You know what a "Yooper" is
- Owned Camouflage Clothing
- Worn a Snowsuit on Halloween
- Had Polka Music at your Wedding
- Know what a Paczki is
- Been to a Fish Boil
- Wore Shorts in Freezing Weather
- Eaten Booyah
- Been to a Packers or Brewers Game
- Owned a Cheesehead
- Know what an Old Fashioned is



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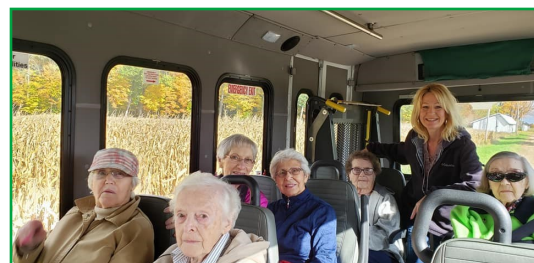
Fun Times in October

* More Pictures on the TV Screen in the Lobby *

Fall Crafts

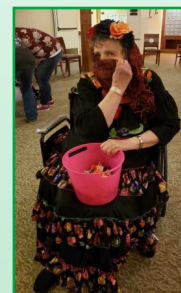


Fall Scenic Tour & Amish Country Store



Our New Ride!

Trick or Treat



The Senior Funnies



The Potato Sack Challenge



We all know the importance of exercise as we get older. Here is an exercise challenge that everyone can do with just a little practice:

Start by standing in your living room with 5 lb potato sacks in each hand. Carefully extend your arms out to your sides and hold the bags there for as long as you can. Repeat move several times.

After a few weeks, switch to 10 lb potato sacks, and then a few weeks later switch to 50 lb potato sacks.

After a few months you will be amazed that you can lift 100 lb potato sacks and hold them straight out for a whole minute!

Once you have achieved this level, start putting a few potatoes "in" each sack and then begin the process again.



Jacqueline Seyler

It is with a sad heart that we say good-bye one of our dear, long-time residents, Jacqueline Seyler. Jackie was born in May 9,

1933 in Green Bay, and was brought home by her Heavenly Father on October 3, 2019. She raised seven wonderful children that she was very proud of. She had a strong work ethic and a thirst for knowledge. Jackie was a very spiritual woman and loved her Lord Jesus. She was often found reading her bible. She also had a passion for reading other

good books, and loved to work on puzzles and play cards and other fun games with her friends. Jackie was a giver. Over the years she had sewn many clothes for her grandchildren and great-grandchildren, as well as quilts and Christmas skirts. She also loved to bake, and made lots of cookies in her day! May God bless and keep you.

Pet Rocks ~

Now that fall is nearing an end, it's time to bring the painted rocks back inside. If you would like any of the rocks that were out by the fountains, please see Kris or Laurie in Activities.

No Smoking Policy ~

It is the policy of Emerald Bay that there is no smoking anywhere on the campus. This includes both facilities, and the parking lots. Please remind your family and friends of this policy. Thank You!

Lost & Found ~

If you or a family member has lost something, please check at the front desk. Thank You!

Resident Testimonial ~

I love the people here. It's such a warm and welcoming place to live. The staff is great, and the desserts are amazing! They also have fun activities that keep me out of trouble. But the thing I love the most about living here, is that I am close to my wife and can visit her any time I want over at the Memory Care facility.

~ Don N.



Dates to Remember

Events happening in November

Nov 4th Music Entertainment with Jack Heinzl

Nov 6th Fall Craft with the Hillcrest Kid's

Nov 6th Religious Music with Kyle & Emily

Nov 7th Trip to Wal-Mart / Lunch Outing

Nov 11th We Honor Veterans Pinning Ceremony

Nov 12th Podiatry Day

Nov 12th Sing-A-Long with the Marionette's

Nov 14th Trip to the Dollar Tree / Casino Day!

Nov 15th Happy Hour Birthday & Anniversary Bash

Nov 19th Carving Exhibit by Melvin / Resident Council Mtg

Nov 20th Religious Music with Kyle & Emily

Nov 21st Trip to Wal-Mart / Lunch Outing

Nov 23rd Emerald Bay's Thanksgiving Dinner

Nov 27th Music Entertainment with the Besaw Boys

Nov 28th HAPPY THANKSGIVING!



November Birthdays



12th	Jeanne	19th	Julieann
14th	Judy	23rd	Jeannette
15th	Romaine	25th	Elaine W
16th	Myrt	27th	Bruce B
18th	Carol C	30th	Richard F

Thanksgiving Meal

Mark your calendars for Saturday, November 23rd, from 11:00 to 2:00 pm. This is our annual Thanksgiving meal where you can invite your family to join you as we celebrate all that we are thankful and grateful for.