



~Remembering our Friend~

Elaine Schuelke

Elaine Y. Schuelke, age 79, Dale, passed away unexpectedly on Wednesday, October 9, 2019 at Emerald Ridge in Neenah. Elaine was born on December 19, 1939 in the Township of Bear Creek to the late Theodore "Jim" and Alma (Much) Scharnow. She was baptized, confirmed and married at Trinity Lutheran Church in Bear Creek. On August 22, 1959, Elaine was united in marriage to Ronald Schuelke. He preceded her in death in 2016. She graduated from Clintonville High School in 1957. Elaine worked at the abstract office in the court house in Appleton, the Canning Factory in Hortonville and for 20 years at Readfield School as a cook. Elaine served on the election board for the Town of Dale for over 30 years. She enjoyed her family very much! Elaine loved playing cards, dancing, and flower arranging. She was a member of St. Paul Ev. Lutheran Church in Dale, a Girl Pioneer Leader, choir member, ladies aide member, and also belonged to the Dale Trailblazers Snowmobile Club.

Elaine is survived by her children, Lori (Robb) Coenen, Elcho; their children, Amy (Todd) Vanden Heuvel (their children, Ashley and Ellie); Aaron (Jasmine Torres) Coenen and Ryan Coenen; Loran (Sue) Schuelke, Dale; their children, Andy Schuelke and Brian Schuelke (his children, Charlotte and Anna); Lisa (Roger) Rieckmann, Neenah; their children, Kim (Dan) Liermann and Michelle Rieckmann; Lona (Jon) Jorgensen, Neenah; their children, Savannah and Mitchell Jorgensen; sisters-in-law, Bonnie (LeRoy) Meyers, Dale and Sandy Schuelke, New London. She is further survived by nieces, nephews, other relatives and friends.

Elaine was preceded in death by her husband; her parents; her sister, Delores Blake and brother-in-law, Orville Schuelke.

Funeral services for Elaine will be held on Saturday, October 19, 2019 at 11:00 a.m. at St. Paul Lutheran Church, Dale with Rev. Paul Ibsch officiating. Visitation will be held at the church on Saturday from 9:00 a.m. until the time of service. Burial will be in the Dale Union Cemetery.

FYI...



Happy Thanksgiving! This month we look forward to our 3rd Annual Thanksgiving celebration. The Event will be held on November 21st, from 12:00 pm - 3:00 pm. Invites have already been sent out, so please make Alfie, Nikita or Donna aware of any RSVP's to the feast. All friends and family are welcome to join in the celebration!



BAKA presents
EMERALD RIDGE
 ASSISTED LIVING

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MONTHLY Newsletter

November Issue, 2019

From the Executive Director's Desk

Dementia is a collection of symptoms including memory loss, personality change, and impaired intellectual functions that result from disease or trauma to the brain. These changes are not part of normal aging and are severe enough to impact daily living, independence, and relationships. While Alzheimer's disease is the most common type of dementia, there are also many other forms, including vascular and mixed dementia.

With dementia, there will likely be noticeable decline in communication, learning, remembering, and problem solving. These changes may occur quickly or very slowly over time. The progression and outcome vary, but are largely determined by the type of dementia and which area of the brain is affected. Facing up to the possibility of dementia inevitably shifts your perceptions, relationships, and priorities. But experiencing symptoms doesn't have to mean the end of your normal life. Certain types of dementia can be slowed or even reversed if caught in time. The first step is to understand what distinguishes normal memory loss from dementia symptoms, and how to identify the different types of dementia. Whatever your diagnosis, though, there can be plenty of things you can do to help slow symptoms and continue to enjoy a full and rewarding life.

Not only is a diagnosis of dementia difficult for the person with the disease; it also poses significant challenges for those who take care of the patient. Family members or others caring for a person with dementia are often subject to extreme stress. They often feel isolated, alone, and left to their own devices, dealing with the "unknown" and seeing their beloved ones becoming more and more distant and estranged. They may develop feelings of anger, resentment, guilt, and hopelessness, in addition to the sorrow they feel for their loved one and for themselves. Depression is an extremely common consequence of watching someone you care for with dementia. The most important thing to remember is that you cannot help someone else without helping yourself first.

Tips to help a friend with dementia include:
 Learn as much as you can about the disease as soon as possible. You will be better prepared to handle the variety of challenges associated with dementia if you know what to expect and have some ideas about how other people have handled similar challenges.

Be sincere. Pretending or reacting falsely using friendly facades undermine relationships. People with dementia notice this and reject or retreat.

- Nikita Flores, Executive Director



DID YOU KNOW?

We think it's safe to say that turkey is a staple at everyone's dinner table on Thanksgiving. However, did you know that turkey may not have been on the menu at the 1621 celebration by the Pilgrims of Plymouth, which is considered the first Thanksgiving (though some historians and fans of Virginia's Berkeley Plantation might quibble with the "first" part)? There were definitely wild turkeys in the Plymouth area, as colonist William Bradford noted in his journal. However, the best existing account of the Pilgrims' harvest feast comes from colonist Edward Winslow, author of *Mourt's Relation: A Journal of the Pilgrims at Plymouth*. Winslow's first-hand account of the first Thanksgiving included no explicit mention of "turkey". He does; however, mention the Pilgrims gathering "wild fowl" for the meal, although that could just as likely have meant ducks or geese.

Testimonial

"Emerald Ridge is a very kind and good place. The people that work here are so caring and good they don't know the word "no". They put up with me and that is the truth. I am so happy here I don't think I could be happier."
 - Betty M.



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Created by
 Sue Lindlauf
 Grand Forks Herald
 2010

HAPPY THANKSGIVING WORD SEARCH

P	C	O	W	X	Y	W	O	C	O	W	X	Y	W	W
U	H	K	E	A	U	L	U	F	K	N	A	H	T	E
M	V	O	I	S	T	U	F	F	I	N	G	F	D	D
P	M	J	L	W	M	C	K	Y	J	T	W	A	C	B
K	T	A	U	I	K	N	J	T	G	U	D	M	N	R
I	N	M	H	C	D	G	M	U	M	Y	E	I	G	E
N	R	V	I	E	O	A	H	R	V	I	E	L	J	A
Q	E	B	O	R	L	D	Y	K	P	O	R	Y	D	D
F	R	I	E	N	D	S	A	E	I	P	F	P	K	D
S	Q	U	L	B	L	L	S	Y	U	L	B	L	L	O
W	A	Y	G	S	E	O	T	A	T	O	P	A	O	O
X	S	A	L	A	D	I	X	S	T	K	G	Q	I	F
D	Y	A	M	A	D	S	D	D	R	M	B	Z	U	U
F	L	T	H	A	N	K	S	G	I	V	I	N	G	Y
G	P	Q	C	H	S	E	L	B	A	T	E	G	E	V

See how many of these words you can find in the puzzle. The words can be forward, backward or diagonal.

- | | | | |
|------------------------|--------------------|--------------------|-----------------------|
| 1. THANKSGIVING | 5. THANKFUL | 9. STUFFING | 13. PUMPKIN |
| 2. HOLIDAY | 6. FOOD | 10. SALAD | 14. PIE |
| 3. FAMILY | 7. TURKEY | 11. BREAD | 15. VEGETABLES |
| 4. FRIENDS | 8. POTATOES | 12. YAM | 16. HAM |

Door Decorating Contest



We had a lot of fun during our door decorating contest in October. We had so much fun that we plan on doing it again come December for Christmas. In first place for our Halloween decorating door contest was Jim and Chase! In second place, Joanne and Kathy, and third place, Shirley, Basil and Alfie. All doors look amazing! Thank you to all who participated!!



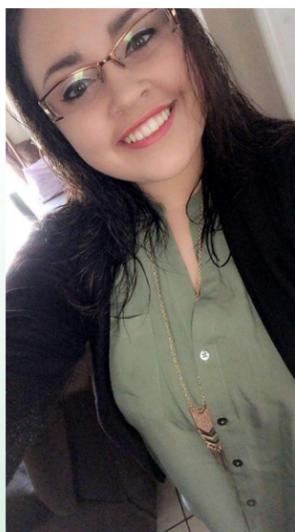
Resident Spotlight



Elaine A. was born and raised in Marinette County. She got married prior to graduating from high school. After graduating from college, Elaine was a dedicated school teacher and says she loved working with her children. Elaine has 3 sons; Dennis, Ronald and Wayne. Elaine loved to bake for her family, and her favorite recipe to bake was her famous apple pie. She also remembers going berry picking with her sons to make berry pie. Elaine loved to be outside, but dislikes swimming. Elaine is a cat lover and always had cats and dogs in her home. Elaine enjoys a good talk, so if you see her please don't be shy - stop by and say hello when you see her!

Employee of the Month

Brooke, one of Emerald Ridge's Medication Aides, is 22 years old. She graduated from Neenah High School in 2015 and for a short period attended Fox Valley Technical College for Culinary Arts. She ended up transferring to UW Milwaukee and started working towards her RN degree. Brooke took a break from college to move back home, but is very excited to be returning this Fall to finish her RN degree—we're so excited for her! Brooke is the 2nd oldest of 7 siblings. She has 5 brothers and 2 sisters. In high school, Brooke played basketball, volleyball, and softball. When Brooke is not working, she loves crafting, shopping and spending time with her nephew. She enjoys going to a nice dinner and trying new restaurants whenever she can. Brooke also enjoys a good movie or book. She is a very outgoing person, so if you see her in the halls give her a big "hello", she'd love to talk with you!!



November Birthdays at Emerald Ridge!

Bonnie F - 11/18 & Kathy G. - 11/25



TO ALL THOSE BORN IN
 NOVEMBER

Happy Birthday



Dates to Remember in November

- November 5** Wal-Mart Trip 9:30 am - 11:30 am
 Dollar Tree Trip 1:30 pm - 3:30 pm

- November 6** Fishing (Activity Room) 2:15 pm

- November 13** Fleet Farm Shopping 9:30 am - 11:30
 Michael's Arts & Crafts 1:30 pm - 3:30 pm

- November 11** Veteran's Day

- November 13** Veteran's Day Ceremony (Neenah High School) 1:30 pm

- November 15** Happy Hour wit Staff Game Show 3:00 pm

- November 18** Turkey Hunting 2:15 pm

- November 19** Casino Trip 10:00 am - 3:00 pm

- November 20** Resident Council 1:15 pm
 Activity Breakdown 2:15 pm

- November 21** 3rd Annual Thanksgiving Lunch w/ live music 12: 00 pm
 - 3:00 pm

- November 25** All Staff Meeting 1:30 pm

- November 26** Brunch at Four Seasons 10:00 am - 12:00 pm

- November 27** Church Services (Dining Room) 2:00 pm

November 28

