

# MONTHLY Newsletter

November Issue, 2020



**Thanksgiving Day**, annual national holiday in the United States and Canada celebrating the harvest and other blessings of the past year. Americans generally believe that their Thanksgiving is modeled on a 1621 harvest feast shared by English colonists, known as the pilgrims of Plymouth and the Wampanoag people. The American holiday is particularly rich in legend and symbolism, and the traditional fare of the Thanksgiving meal typically includes turkey, bread stuffing, potatoes, cranberries and pumpkin pie. With respect to vehicular travel, the holiday is often the busiest of the year, as family members gather with one another. Thanksgiving Day is celebrated on the last Thursday of November. Plymouth's Thanksgiving began with a few colonists going out "fowling," possibly for turkeys, but more probably for easier prey of geese and duck. Next, 90 or so Wampanoag made a surprise appearance at the settlement's gate, doubtlessly unnerving the 50 or so colonists. Nevertheless, over the next few days the two groups socialized without incident. The Wampanoag contributed venison to the feast, which included the fowl, fish, eels, shellfish, stews, vegetables and beer. Since Plymouth has few buildings and manufactured goods, most people ate outside while sitting on the ground or on barrels with plates on their laps. The men fired guns, ran races and drank beer, struggling to speak in broken English and Wampanoag. This was a rather disorderly affair, but it sealed a treaty between the two groups that lasted until King Philip's War in 1675, in which hundreds of colonists and thousands of Native Americans lost their lives. **Native Americans has come to symbolize intercultural peace, America's opportunity for newcomers, and the sanctity of home and family.** - David J. Silverman



**FROM THE EXECUTIVE DIRECTOR'S DESK**

**AUTUMN WELLNESS TIPS**

- ◆ Get your flu shot and yearly check-up.
- ◆ Stay hydrated and eat nutritious foods.
- ◆ Prepare for Daylight Savings on November 1st.
- ◆ Make plans that weather permits.
- ◆ Moisturize your skin.
- ◆ Wear layers to protect your body from sickness and cold temperatures.
- ◆ Stock up on some good books, start a journal and find a winter season sitcom.
- ◆ Keep an active schedule by joining activities and our daily exercise program.
- ◆ Make a new friend by getting to know others in the community

## NEWBIES



Meet Hazel! Hazel joined us on October 1st. Hazel has four beautiful children. She loves to play games, read and join in on the fun!

Here's Miss Dolly! Dolly is an artist with many other talents. She will be another great addition to the Emerald Ridge Family.



BAKA presents  
**EMERALD RIDGE**  
 ASSISTED LIVING

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## TIME for TRIVIA

1. What is the birthday stone of November? \_\_\_\_\_
2. What is the flower of November? \_\_\_\_\_
3. What are the two zodiac signs for November?  
 \_\_\_\_\_
4. What was the name of the telephone company that established the first public push button phone in 1963?  
 \_\_\_\_\_
5. What Parker Brothers game was released to the public in November 1935? \_\_\_\_\_
6. What year was the first mission to fly over the South Pole?  
 \_\_\_\_\_
7. What day does the US and Canada celebrate the end of WW1 in 1918? \_\_\_\_\_

1. Topaz or Citrine 2. Chrysanthemum 3. Scorpio and Sagittarius  
 4. Bell Telephone 5. Monopoly 6. 1939 7. November 11th



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## Testimonial

*"I like all the people! The care staff take excellent care of me."*  
 Dorothy B.



# Loving Farewell



**RoseMarie Wirsbinski**  
July 12, 1938 - September 19, 2020

RoseMarie Wirsbinski age 82, of Fremont, passed away on Saturday, September 19, 2020 with her family by her side. She was born on July 12, 1938 on the family farm in Knowlton WI, the daughter of the late Charles and Rose (Buczek)

Lewandowski.

On October 11, 1958, RoseMarie married her high school sweetheart, Buddy Wirsbinski, in Mosinee. He preceded her in death on March 23, 2017. They raised their family in Neenah. RoseMarie was a stay at home mom while her girls were young, very involved in their schooling, hand making their clothing, and taking many memorable family vacations. Her family was her pride and joy. When the girls were older, RoseMarie worked as a medical transcriptionist at Theda Clark for twenty five years before retiring.

During their retirement Bud and RoseMarie enjoyed wintering in Panama City Beach, FL. They enjoyed traveling. Some of their destinations included Spain, Portugal, Australia, New Zealand, and girls only trip to Italy.

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The family would like to give special thanks to the caregivers at Emerald Ridge Assisted Living for their compassionate care of our mom, and to ThedaCare Hospice.

## Thanksgiving Word Scramble

Unscramble the Thanksgiving words and then use the highlighted letters to form the secret message. You will have to unscramble the message as well.

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## RESIDENT SPOTLIGHT

Bob was born right here in Neenah, WI. He grew up in a small house on Union Street with his older brother and younger sister. Bob has fond memories of playing outdoor games such as kick the can with his siblings. His family were true Neenah Rockets, there was always cause for celebration when the Neenah football and basketball teams beat the Menasha Bluejays. Bob says, "I love Neenah... it's small enough to know your neighbors".

One day on a family outing, Bob met Nancy. Nancy was Bob's one and only true love. They settled in a nice new home and began raising their three children. Bob spent a lot of time with his children, even becoming a Boy Scout Leader, an avid camper and quite the fisherman. He remembers the best camping trips during fall, the crisp autumn air and the clear starry nights. Bob and Nancy's marriage lasted 56 years!

Bob started off in the Army reserves and later became active duty. He was an instructor teaching young recruits about artillery. He has some great stories of his years driving the tanks! Bob retired after 20 years in the service with a title of Tank Commander and honorable discharged. Ask Bob to tell the story about when he was inadvertently shot. His son is now a proud Army man following in his father's footsteps. You can always find Bob wandering around Emerald Ridge or at the BINGO table showing off his skills. He also enjoys the outdoors—simply enjoying the views and sounds of nature. If you haven't already done so, stop by and say, "HI!"

CALL ME "BOB"



November Birthdays  
Bonnie F. 11/18

## Surviving Memories

**November 1, 1848** The first medical school for women opened in Boston. The Boston Female Medical School was founded by Samuel Gregory with just twelve students. The school merged with the Boston University School of Medicine in 1874 becoming one of the first co-ed medical schools.

**November 2, 1962** During the Cuban Missile Crisis, President John F. Kennedy announced on TV, "The Soviet bases in Cuba are being dismantled, their missiles and related equipment being crated and fixed installations at these sites are being destroyed".

**November 4, 1842** Abraham Lincoln married Mary Todd in Springfield, Illinois.

**November 9, 1989** The Berlin Wall was opened up after standing for 28 years as a symbol of the Cold War. The 27.9 mile long wall had been constructed in 1961.

**November 17, 1800** The U.S. Congress met for the first time in the new capital at Washington, D.C. President John Adams then became the first occupant of the Executive Mansion, later renamed the White House.

**November 19, 1863** President Abraham Lincoln delivered the Gettysburg Address during ceremonies dedicating 17 acres of the Gettysburg Battlefield as a National Cemetery. Famed orator Edward Everett of Massachusetts preceded Lincoln and spoke for two hours. Lincoln then delivered his address in less than two minutes. Although many in attendance were at first unimpressed, Lincoln's words have come to symbolize the definition of democracy itself.

**November 26, 1789** The first American holiday occurred, proclaimed by President George Washington to be Thanksgiving Day, a day of prayer and public thanksgiving in gratitude for the successful establishment of the New American republic.

**November 30, 1995** Bill Clinton became the first American President to visit Northern Ireland.