

Resident Spotlight



Jean was born and raised in Duck Creek, WI. After she graduated from St. Joseph's Academy she worked as a secretary for Packer City Transit. Jean met her husband, Mick, when she was out bowling one night with her girlfriends. He asked her out on a date and as they say, the rest is history. They were married for 37 years! After they married she stayed home to raise their five beautiful daughters and now in addition has nine grandchildren and two great grandchildren. When her youngest child started school Jean started working at NWTG in Green Bay doing administrative work. She worked there until she was 64. After retirement Jean enjoyed traveling with her husband, which included a trip to Hawaii. She loved to knit, crochet, bowl, and was in several card clubs. She was also very active in her church at St. Jude, often helping serve at their fish fry's and other activities. She loved to volunteer at church and at the school for many years. We are so glad you are here, Jean!

Powerback Rehabilitation



August celebrates National Wellness Month. This is a time to focus on YOU by taking care of yourself, eating healthy, decreasing your stress, and working toward establishing healthy routines. The summer month offers the opportunity to spend more time outside to get fresh air and a bit of sunshine as well as exercise such as walking with a companion or friend. Establishing a realistic routine helps set you up for success. Consider incorporating several of the following tips in your wellness plan.

Tips for establishing a wellness routine:

- Water consumption is essential for hydrating the body for optimal function, it improves skin quality and energizes muscles. It helps transport nutrients to give you energy.
- Meditation trains the brain and body to relax and focus on the present instead of all the "chatter" in our heads. Even five minutes a day can be helpful.
- Eating a nutritious diet helps keep your heart healthy and reduces the risk of developing some chronic diseases.
- Stretching counteracts the effects of the day. Whether you have been exercising, sitting, standing, or are feeling stress, stretching can reduce tension and increase blood flow.
- Set boundaries and make time to disconnect, shut down for the day and relax. Include disconnecting from social media and technology if possible to boost your mental and physical health.
- Gratitude and positivity affect our emotional and physical well-being. Try using a small notebook to record the things you are grateful for or one good thing that has happened each day.
- Get enough adequate sleep each night by getting to bed at a reasonable time in a dark and cool room. Eliminate the use of electronic devices at least an hour or more prior to bedtime.



BAKA presents
EMERALD BAY
RETIREMENT COMMUNITY & MEMORY CARE

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August Birthdays at Emerald Bay!



August 2nd– Lois S.
August 14th– Gen A.
August 16th– Mary E.
August 19th– Evelyn D.
August 22nd– Kathy D.
August 24th– Gerry L.
August 24th– Kathy A.
August 25th– Jeanne G.
August 31st– Clarice B.

Resident Testimonial



Tom B.

"I really love it here at Emerald Bay. The meals are great, my housekeeper, Kathy is awesome and I especially love the entertainment they bring in. I have made so many new friends and enjoy visiting with them outside by the beautiful fountains while watching the birds!"

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Meet Our New Resident!



Roberta was born and raised in Escanaba Michigan. After she had finished school she started her career in a bakery in Escanaba in the sales department. She had then started to work with postal work for M & I bank selling stamps, and then American Medical Association in Sales. Roberta is married and just celebrated their 65th wedding anniversary! Her and

Donald have two wonderful sons who they love to spend time with. For fun she enjoys reading, traveling, gardening, and spending time at the cabin they had built! We are so glad you are here, Roberta!



Donald is originally from Escanaba Michigan and grew up in Bayview. Once he completed school he went onto take an apprenticeship as a journeyman in West Milwaukee at Honey Schroeder. Donald and Roberta just celebrated their 65th wedding anniversary! For fun he enjoys traveling, woodworking, going to the cabin, and square dancing. Donald is an excellent woodworker and even built their cabin and house! We are so glad you are here, Donald!



Nina was born and raised in Iron River, MI. While in high school she worked as a secretary part time for two lawyers. She also played the clarinet. After graduating she moved to Milwaukee where she attended business school. She then moved back to Iron River and worked for local furniture/hardware store. She then married her high school sweetheart, Don. He

had received a football scholarship so they moved to Marquette, MI. While there she did administrative work for two lawyers at the 1st National Bank and quickly moved up to a secretarial position for the Vice President of the bank. After her husband graduated from college they moved back to Iron River and started their family. They then moved to Ontonagon, MI, where her husband got his first teaching job. After four years they moved to Green Bay. Nina and Don have three children. They had a cabin up north and enjoyed all outdoor activities, including water skiing, downhill skiing, fly fishing, boating, etc. Nina was very involved in education, and was the President of the Women's Association, and was in Martha's Circle, and the PEO (Philanthropical Education Organization) where they help women that want to further their careers. She was also very active in her church as was a decan and taught Sunday School. Nina and Don also spent over 20 winters at their home in Arizona. Welcome Nina!



Don was born and raised in Iron River, MI. He was very athletic and played football, basketball, baseball, and was in track. After graduating he worked as a delivery driver for a large bakery. Don received a football scholarship, so when his high school sweetheart, Nina, returned from college he married her and they moved to Marquette, MI, so he could play football and attend college. He majored in Industrial Arts and had a minor in sports. After graduating they returned to Iron River where he worked in the underground mine until a teaching position became available. They then moved to Ontonagon, MI, for four years. Don and Nina have three children. He loved to spend time with his family up at their cabin in upper Michigan and do all kinds of outdoor sports, especially fly fishing. He was very talented at tying his own fly's. They moved to Green Bay where he had accepted a teaching position at Lombardi/Southwest High School where he taught and coached sports. He even taught driver's education. In the 70's he accepted a position as the principal. Don was always so kind-hearted with the students and their parents during his career. Everyone loved him! Later in life he and his wife loved to spend the winters in Arizona. He learned carpentry from his father growing up and enjoyed remodeling and other projects. We are so glad you are here, Don!

Dates to Remember

Events happening in August

August 4th– Good for the Soul Music

August 10th– Pulaski Community Choir

August 11th– Hit & Miss Small Engine Show

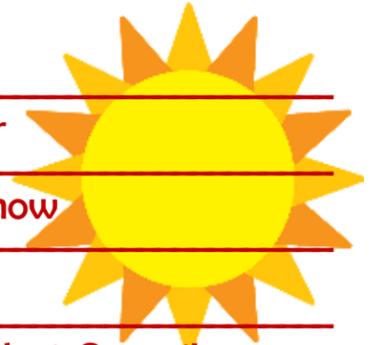
August 16th– Pizza Party

August 17th– Scott's Sub Outing & Resident Council

August 24th– Luau Summer Bash

August 26th– Cooking Club

August 29th– Violin with Kimberly



Employee Spotlight



Kasey is our Administrative Assistant here at Emerald Bay. She was born and raised in Central Wisconsin in a small town called Mosinee. She graduated as an Occupational Therapy Assistant and has a heart for serving others. In her free time she teaches a high cardio fitness class inspired by playing the drums called Pound Fitness. She enjoys spending time with her family, reading, kayaking and fishing. We are so glad you are apart of our team, Kasey.



~Remembering Our Friends~



Elaine P. Utecht, age 91, of Hobart, passed away Thursday, July 14, 2022. Elaine was born January 15, 1931, in Wausau, WI to the late William and Florena Heidemmann. Elaine met Donald Utecht and the two were united in marriage in September 1951. She supported him through many relocations and raised their three children in a loving home.

She had many different vocations however, her most favorites would have been the Packer Pro Shop and the Boston Store. Elaine was a devoted member of the First United Methodist Church. She also enjoyed playing cards, especially bridge. She will be deeply missed. Elaine is survived by her beloved sons, Allan (Patricia) Utecht of Kiel and Bill Utecht of Green Bay and son-in-law, Tom (Karen) Kolb. She is further survived by her six grandchildren: Katie (Paul) Thibeault, Kristin (Patrick) Humpal, Corrie (Kedrick) Strutz, Megan (David) Clark, Matt and Brittany Utecht; six great-grandchildren: Maddie, Emma, Ava, Sydney, Finnegan, Asher and Jordan; and sister Carol Hettinga. Elaine was preceded in death by her husband, Donald; daughter, Susan Kolb; granddaughter, Ashley Utecht; brothers: David (Jean) Heidemann and Willis (Betty) Heidemann; and brothers and sisters-in-law: Roland Hettinga, Harold (June) Utecht, Eileen (Lilas) Brandt. Friends and relatives may call at the Newcomer Cremations, Funerals, and Receptions, (340 S. Monroe Avenue, Green Bay) on Saturday, July 23rd 2022 from 9:30-11:30 AM. A funeral service will follow at 11:30 AM. To leave an on-line condolence for the family, please visit www.NewcomerGreenBay.com or for more information, please call (920) 432-4841. Elaine's family would like to express appreciation to Dr. Severance, the caring staff of Emerald Bay, Lakeland Care, and Heartland Hospice.



William (Bill) A. Egan, 92, passed away Saturday July 23, 2022, surrounded by his family. He was born December 17, 1929, in Brillion to Charlotte and John Egan. In 1947 he proudly enlisted in the Army and served overseas in Hawaii. He married Mary Vondrachek on February 5, 1955, at St. Mary's church in Reedsville WI. Bill was a machinist at the Brillion Iron

Works for several years, before moving to Green Bay and working for Paper Converting Machine Co. He was an expert in his field and filled many passports traveling to large manufacturing and paper companies around the world. He retired after 38 years and was also one of the original directors of the PCM Credit Union. Bill was a loving husband and father as it was a life dream to have a large family. He preferred to give rather than receive and he lived it every day. People were often drawn to him for his great storytelling and quick wit. He had a lifelong passion for cars, reading, bicycling and enjoyed owning a motorcycle most of his life. Bill is survived by his wife of 67 years, Mary, and children, Gail (Terry) Stuckart, Patricia Stuckart, Maryanne Gerstner, Daniel (Joy) Egan and Kathleen (Dan Novak) Egan; grandchildren, Elizabeth (James) Kitchenmaster, Katherine (Wayne) Officer, Michele Stuckart, Margaret (Sean) Vinsel, Anna Harteau, Cynthia Reisel, Devon (Andrew) Mannenbach, Zachary Egan, Mitchell Egan, Cassie Cravillion; 12 great grandchildren; sister and brothers-in-law, Jerome (Julie) Vondrachek, Catherine Otte, Anne (James) Beasley, Teresa (Orrin) Piepenburg, and Gerald Vondrachek. Also survived by many nieces, nephews, and godchildren. Preceded in death by his siblings, Jean (Rueben) Hoffman, Robert (Bette) Egan; sister and brothers-in-law, Rita (Jurgen) Vincent, James Vondrachek, James Hartnett and Donald Otte, sons-in-law, Donald Stuckart and David Gerstner. Friends and family will gather at Fort Howard Memorial Park Chapel, 1350 N Military Ave, from 9:30 a.m. to 11:30 a.m. on Thursday, July 28; Service to follow at 11:30 a.m. military honors to conclude. To send online condolences, please go to www.BlaneyFuneralHome.com. Bill's family wishes to extend their sincere thanks for the care and compassion given to Bill and the Egan family by Unity Hospice, Emerald Bay Retirement Community and Home Instead.

Meet Our New Resident!

Jim E was born and raised in Joliet, IL. After graduating he enlisted in to the Navy. While there he went to school to be a weatherman for the Navy. He only spent six months on a ship, then worked mostly on land at Fleet Weather Central. He dedicated 20 years to serving our country. Jim married a wonderful woman, Shirley, and they had three children. When she passed he remarried a lovely lady named Pat. After his service Jim worked as an engineer for Common Wealth Edison (and electric company) until he retired. Jim enjoyed playing bridge and pinochle, traveling, and fishing. He retired in Green Bay near his daughter, who ironically is married to a weatherman that many of you might know, Tom Mahoney. Welcome Jim, and Thank You for your service!

Pat was born in Green Bay and grew up on her family farm in New Franken, WI. When she was 16 she had to drop out of school to help on the farm. Over the years it bothered her that she never graduated, so at "75" years young she finally got her diploma! Way to go, Pat! When she left the farm she started working for Mill Print. She then worked at Schreiber Foods cheese factory for over 25 years. Pat married a wonderful man, Leonard, and they had six children. In addition to that she took in foster children, all while working. Pat loved to dance, especially Polka's. She also loved to bowl, play cards, garden, and travel. And of course she LOVES her grandchildren! Welcome Pat!



Jean is originally from Iron Mountain Michigan, she had moved to Green Bay and grew up here! She had then attended UW Oshkosh for nursing! Once she had graduated she had become a nurse trainer at St. Mary's hospital in Green Bay as an RN. She had then gotten her masters degree in ministry and had become a minister and went and visited inmates in jail. Jean has five lovely children and enjoys spending time with her family her friends. She also enjoys fishing, camping, bible study, baking, singing, and going to the cabin. She also enjoys traveling and has gone to China, Mexico, Philippines, and Thailand! We are so glad you are here, Jean!



Nancy was born and raised in Suamico, WI. She met a wonderful boy, Jerry, when she was in high school and fell madly in love. Jerry joined the military when he was only 17 and moved to Colorado. They missed each other so much that he came home and married Nancy when she was only a junior in high school so that they could be together in Colorado. Nancy finished school there, and when Jerry was done serving they moved back home. They had 4 lovely children. When the kids were all in school Nancy started doing secretarial work for the Howard/Suamico school district where she worked until she retired. Nancy sang for many years in her church choir. She LOVED to take motorcycle trips with her husband and has traveled many places. They were snowbirds and spent 22 winters out in Arizona. She also enjoys spending time her family, especially at their cottages up north. Welcome Nancy!



Mary was raised in Reedsville, WI. She began her career doing secretarial work for Invincible Furniture Company. She then married her loving husband, Bill, and they moved to the Green Bay area and started their family of six. Mary did a lot of volunteer work while their kids were growing up, including helping with boy scouts, girl scouts, activities at school, working at the election poles, and more. After the kids where on their own she started doing office work for an insurance company and HVAC. Mary loves to travel, especially vacationing in Door County. She loved to work in her flower gardens, enjoys reading, doing puzzles, crosswords, cards, and other fun games. Welcome Mary!

Fun Times in July



Independence Day Cookout



Therapy Dog Visits



Firework Paintings



Dates to Remember

Events happening in August Memory Care

August 3rd– National Watermelon Day Social

August 4th– Chocolate Chip Cookie Social

August 9th– Bean Bag Toss

August 10th– S'mores Social

August 22nd– Ice Cream Truck

August 25th– Banana Split Social & Resident Council



RESIDENT SPOTLIGHT



Joyce enjoys reading, playing cards, bingo, and going on walks. She loves to spend time with her family and sitting outside when the sun is shining. Joyce loves to garden and watching the birds. Her first job was working in a candy store. We are so glad you are here at Emerald Bay, Joyce!

